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The invention relates to the food industry, sanocreatology and medicine, in particular to a biologically active, phytotherapeutic food supplement with antioxidant, immunostimulating activity, with inhibition of SARS-CoV-2 virus. The food supplement, according to the invention, comprises an alcoholic extract from: aboveground part of wormwood, aboveground part of cocklebur, maral root, walnut peel, horseradish root and aboveground part of lovage, obtained by extraction with ethyl alcohol of 96,4% vol., in a ratio of 1:(4-5), respectively, within 15-21 days, and purified water, the rest, until reaching a strength of 32-35% vol.

Claims: 1